

Quickstep

REF BQ003

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First 3 natural **Back lock Running finish** First 2 steps side chasse Double reverse spin Fish tail **Natural turn** Spin turn corner **Double back lock Outside change** 2x Syncopated chasse **Passing natural Open impetus corner** 2 X Zig zag Passing natural **Hover cross corner** Chasse to centre 3 X Quick open reverse **High line Pivots** Hesitation and check corner

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