



DANCE2GETHER



BALLROOM & LATIN AMERICAN
DANCE CLASSES

Quickstep

REF BQ001

(20/3/2019)

Start facing into a corner with 1st three natural turn sqq

Open impetus to new line of dance sss

Zig zag sqqs

First three natural turn from prom sqq

Pivot sss

Back lock qqs

Outside change to prom sqq

Chasse to corner sqqs

Turning fish tail sqqqq

new line of dance Chasse to Centre sqqs

Outside change to prom sqq

Zig zag in prom sqqs

Chasse to corner sqqs

First three natural turn sqq

Hesitation corner sss

Double reverse ssqq

High head the ball sss

Pivot sss

Back lock qqs

Two scoops qqss

Twinkles qqqq

Chasse sqqs

Natural turn first three sqq

Spin turn corner sss

Progressive chasse sqqs

Quarter turn to right sqqs

Quarter turn to left sqq

Zig zag back lock running finish sssqqsqqs

Natural turn first three sqq

Open impetus sss

Repeat with the zig zag.

Theresa Godmon