



DANCE2GETHER



BALLROOM & LATIN AMERICAN
DANCE CLASSES

Waltz (2/1/2019)

REF BW001

The Double Reverse

This months routine an exercise on dancing into and out off
the double reverse

Side one

First three of a natural 123

Hesitation 123

Double reverse 12&3

Drag hesitation 123

Open impetus 123

Weave to prom 123456

Chasse closing 12&3

Whisk in corner 123 to face new line of dance

Chasse closing 12&3

Curved feather 123

Open impetus 123

Running weave 12&3

Cross step 123

Double reverse 12&3

Chasse turning with weave end 12&3456

Natural turn 123

Spin turn 123 to face new line of dance

First three of a reverse turn 123

Double reverse 12&3

Open telemark 123

Chasse closing 12&3

Hesitation 123

Repeat

The double reverse is the first pivot turn to learn, it takes
practice to achieve the balance required.

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